**Professional Trade Sheet**

|  |  |
| --- | --- |
| **Name:** |  |

**Trade Entry**

|  |  |
| --- | --- |
| Chart Period |  |
| Currency |  |
| Initial Risk |  |
| Initial Reward |  |
| Initial RRR |  |

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Date | Time | B/S | Lot Size | Price | Stop Loss | Target |
|  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| Set-up |  |
| Trigger |  |
| Other info. |  |

*Place picture here*

**Other Actions**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| Action | Date | Time | Stop 1 | Stop 2 | S1 Risk | S2 Risk | Locked Profit |
|  |  |  |  |  |  |  |  |

*Place picture here*

**Trade Exit**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Actual Trade Duration | | | hours | |
|  |  |  |  |  |  |  | Profit / (Loss) | |
| Date | Time | B/S | Asset | Lot Size | Entry Price | Exit Price | Pips | USD |
|  |  |  |  |  |  |  |  |  |

|  |  |
| --- | --- |
| Reason for Exit |  |
| Lessons learned |  |

*Place picture here*